



February 2024

Dear Parent /Carer

## **Brook: Sandwell Parents and Carers Survey**

The Safeguarding Team at Sandwell Academy are looking at launching parent sessions across the year. The first session we are looking in to organising is with Brook. Brook is a charity that supports people with their sexual health and well-being. They offer a range of services to support their mission on helping people to live healthier lives.

Support for Parents: Brook offer a range of in-person and online sessions for parents and carers to support them with the RSE of their children/young person(s).

Subjects include:

- How to promote positive relationships and sexual health
- RSHE for young people with additional needs
- Debunking myths and taboos
- How to manage challenging and sensitive questions
- How to support RSHE curriculum being delivered at school

Please click the link attached to share you interest in partaking in these sessions, this will allow us to organise them effectively. <https://forms.office.com/e/XAS9Xd1bB6>

Yours Sincerely

*A Adams*

**Mrs Adams**  
**Deputy Designated Safeguarding Lead**

